

WINTER / SPRING PROGRAM 2012



BELLEVUE BOYS & GIRLS CLUB



MEMBERSHIP

Annual club membership is \$27. Many programs have additional fees, but no child is ever turned away because of an inability to pay. Some programs have limited space. If you are interested in a program, please register at the earliest possible date. If you need to apply for a scholarship, please bring in your 2011 income tax return and 2011 W-2 forms. Please call the club at 425-454-6162 for more information regarding scholarships.

IMPORTANT DATES

CLUB OFFICE HOURS

Monday-Friday, 9 am - 6 PM
(Club is not open for registration during private parties).

CLUB CLOSURES

MLK Jr. Day, Monday, Jan. 16
President's Day, Mon. Feb. 20

SCHOOL'S OUT PROGRAMS

Visit www.bgcbellevue.org or call the Club at 425-454-6162 for more information about these dates and the programs that may be available.

MID-WINTER BREAK CAMP

February 21 - 24

SPRING BREAK CAMP

April 9 - 13

Our Mission is to enable all young people, especially those who need us the most, to reach their full potential as productive, caring, responsible citizens.

Programs and Dates:

Chess Camps	Online registration is available NOW!
Project Learn	Online registration is available NOW!
Tae Kwon Do	Online registration is available NOW!
Badminton	Online registration is available NOW!
Men's Basketball	Online registration is available NOW!
Spring Baseball	Online registration is available NOW!
EBI Skills & Drills	Online registration is available NOW!
Spring Basketball	Online registration begins 9 AM Jan. 18
Girls Soccer	Online registration begins 9 AM Jan. 18
Boys Soccer K-5th Grades	Online registration begins 9 AM Jan. 18
Co-Ed Volleyball	Online registration begins 9 AM Jan. 18
Co-Ed Golf	Online registration begins 9 AM Feb. 6
Preschool 2012 / 2013	Online registration begins 9 AM Feb. 8

If you do not have access to a computer or have any questions, please come to the Club and we will be very happy to help you!

Online Payment Policy

We are asking that you pay the program fees within 5 days of any on-line registration. After 5 days, if fees are unpaid, your child will be dropped from the registered program. If you have any questions or concerns about this policy please contact the Main Club at 425-454-6162. Thank you for your understanding.

Club Refund Policy

- A processing fee of \$5.00 will be administered to every refund transaction for a program
- Membership fees are nonrefundable
- Only a partial refund will be given within the first two weeks after a program has started.
- No refunds will be given after the second week of any program.
- Refund for "School's Out" days must be done 3 business days prior to first day of service. No refunds will be given after this time.
- There is a \$25 returned check fee.

209 100th AVENUE NE
BELLEVUE, WA 98004
425-454-6162
www.bgcbellevue.org

Rent the Club

Searching for a fun place to host your child's next party? The Club is available many weekday evenings and weekends. Rent the games room, main or mini gym or meeting room. Please provide 1 to 10 adult/child ratio. Call Katie for available hours at 425-454-6162.

Wish List

Snack donations, especially fresh fruits and vegetables

Sponsors for our weekly free Teen Feed events

Board games

Art supplies such as construction paper, colored pencils, scissors, crayons, pencils, markers and glue sticks

Homework supplies such as paper, scissors, erasers, rulers, pencils, pens and calculators

Recreation equipment

Volunteers to coach or tutor

Books - several of same title for book clubs

Please visit our website at
www.bgcbellevue.org

Winter and Spring Programs!



Preschool

AGES 2 1/2 - 5

The Boys & Girls Clubs of Bellevue Preschool offers a full program of child-centered, teacher directed activities for children from 2 1/2 to 5 years old. The program, started over 30 years ago, fosters the emotional, social, cognitive and physical growth of each child. The student teacher ratio is from 1 to 5 and 1 to 6, depending on the age of the child. The teachers have been working together as a team, some for more than 10 years! This combination of factors makes this Preschool an ideal school beginning for the young child.

At the Main Clubhouse, classes are held 2 to 4 days a week in either the morning or afternoon, depending on the child's age.

The Preschool offers two lunch bunch days for the 3 and 4 year old classes and an afternoon Science Club on Thursdays.

All of the staff are trained in early childhood development and CPR/First Aid. Please call Becky Lewis for more information at 425-454-6162, Ext. 25.

Open Registration for 2012 - 2013 begins at 9 AM on February 8.

AFTER SCHOOL EDUCATION PROGRAMS GRADES K - 5

Our afterschool education program is known as "Project Learn", which is a curriculum developed for Boys & Girls Clubs of America by Columbia University. Just a few of the structured components include:

- "Power Hour" program with homework help, reading groups, tutoring and enrichment work
 - High-yield learning activities
 - Youth of the Month and of the Year
 - Helping others, i.e. TorchClub
 - Technology Curriculum including Club Tech
 - National Fine Arts
 - Incentives
 - Measurements
 - Educational Development and Cultural Enrichment
- All programs run from Sept. 6, 2011 through June 15, 2012, Mon. - Fri., 2:30 - 6:30 PM, with the exception of the early release Wednesdays when Project Learn will open directly after school. Scholarships & payment plans are available.

PROJECT LEARN SITES

Main Club

The Main Club will service students from Bellevue Christian, Clyde Hill, Enatai, Medina and Woodridge Elementary schools.

Fee: Five days per week program \$250 monthly
Wednesdays only (noon - 6:30) \$60 monthly

Elementary Schools & Crossroads Community Center

We also have Clubs in Bennett, Cherry Crest (at Bellewood), Lake Hills, Phantom Lake, and Stevenson Elementary schools and at the Crossroads Community Center. Please check our website at www.bgbellvue.org for times.

Fee: Five days per week program: \$200 monthly
Wednesdays only (noon - 6:30) \$60 monthly

South Bellevue Community Center

This program serves children from Eastgate, Newport Heights, Puesta del Sol, Spiritridge and Somerset Elementary Schools. Please note that there is limited van transportation for Newport Heights and Spiritridge.

Fee: Five day per week program \$250 monthly
Three day week program \$150 monthly
One day per week program \$60 monthly

SOUTH BELLEVUE COMMUNITY CENTER

a partnership for a healthy community

BE GREAT *graduate!*

Boys & Girls Clubs of America have dedicated their efforts toward an initiative to address the increasing drop-out rate in our country. In 2008, the Club launched "BE GREAT Graduate!" with support from the Robert Vasen Foundation, Nintendo, and OJP. Now in our third year, the program targets 6th - 12th graders who show warning signs associated with dropping out of school, while also offering academic assistance to any teen interested. To ensure academic success among our participants, the staff offer one-on-one support and case management to identify and break down individual barriers for youth struggling in school. Teachers and counselors at the schools also work with our staff to ensure that students progress to their appropriate grade level. Membership for this program is FREE to all participants, but membership forms are required. For more information call Matt or Allyse at 425-644-7885.

Adult Programs

MEN'S BASKETBALL

Monday, Wednesday, Friday

Fee: \$50 per quarter

Plus current BGCB membership

Times: 11:45 AM - 1:15 PM

Tuesday, Thursday

Fee: \$35 per quarter

Plus current BGCB membership

Times: 11:30 AM - 1:00 PM

ADULT BADMINTON

Fee: \$35 per quarter

Plus current BGCB membership

Tuesday 1:15 - 2:45 PM

Friday 9:45 - 11:15 AM

Winter and Spring Programs!

TECH CENTER FOR EXCELLENCE

The Teen Center of Excellence (TXL) is the latest evolution of Club Tech, a decade-long initiative developed by Boys & Girls Clubs of America and Microsoft. A model of technology programming for all Clubs, the TXL Center features state-of-the-art Microsoft software and dedicated space to foster creativity and teamwork. Along with teaching young people how to navigate basic technology functions, the Center provides instruction in such areas as creating a resume, designing web sites and restoring computers. Activities are designed to help youth develop critical thinking, project management and problem-solving skills. The ultimate goal is to enable young people to do well in school and prepare them for success in a 21st century workforce. Microsoft and Boys & Girls Clubs of America will provide training and support to ensure the Center's success. This is a partnership with the City, as the TXL Center is located in the Lake Hills Community Center.

"CLUB CONNECTS" for MIDDLE SCHOOL STUDENTS

Come join "Club Connects" at the Main Clubhouse and at the South Bellevue Community Center. This program is specifically designed to meet the needs and challenges facing our middle school youth. Members have an opportunity to get homework done, take part in our leadership and community service program known as Torch Club, and participate in our Digital Arts programs, field trips, intramural sporting activities and quarterly dances.

Daily After School

Fee: \$125 per month

Spring Break Sports Camps: Ages 7 - 14

South Bellevue Community Center

Online registration will open March 9th!

This multi-sports camp will feature a variety of team sports including basketball, soccer, flag football and more. Emphasis will be on fun and teamwork. A great way to play and learn several different sports activities. You must have a current BGCB membership.

April 9 - 13

9:30 to 3:30

Fee: \$120 week

Parkour Basics Class

Main Clubhouse

Register On-line Now!

The essence of Parkour can be stated simply: it is the art of overcoming obstacles as swiftly and efficiently as possible using only your body. The fundamentals include running, jumping, and climbing, and we build on these fundamentals to improve our ability to pass over, under, around and through obstacles with more complex movements. Parkour is a system of fitness training that improves strength, speed, ability, coordination, stamina, endurance, and precision. Parkour practitioners are called Traceurs. Kyle is an A.D.A.P.T. certified Parkour coach and has been practicing Parkour since 2004.

Tuesdays

5:15 - 6:15 PM

Fee: \$40 per month

Freestyle Wrestling Camp - Ages 5 - 12

Interlake High School 16245 NE 24th St. Register On-line Now!

Freestyle wrestling is the international style of wrestling that is used throughout the world and in the Olympics. Kids have the opportunity to compete in Freestyle Wrestling tournaments during this season. Wrestling shoes or new tennis shoes worn indoors only are needed for practice. Wear shorts or sweats and T-shirts for practice.

Feb. 28 - May 3

Tues. & Thurs. 6:30 - 7:30 PM

Fee: \$75

School's Out Days

MAIN CLUB AND SOUTH BELLEVUE

A full day of safe, supervised and fun activities are planned during Bellevue School District holidays and school's out days. Your kids will have fun playing games and doing arts and crafts. Some days include field trips to be announced prior to the day. All "School's Out" days start at 7:30 and run until 6 PM. You must have a current BGCB membership.

Fee: \$20 per day for Project Learn or Club Connects members

Fee: \$40 per day for members not enrolled in Project Learn.

New Clubhouse!

EASTSIDE TERRACE

We run our Project Learn and recreation programs for youth grades K - 8 during out-of-school hours. We have special hours during "School's Out" days from 7:30 AM - 6 PM. There is no charge for kids living in the complex. There may be additional fees for members living outside the complex, but no child is ever turned away because of an inability to pay. To apply for a scholarship, please bring in your 2011 income tax return and 2011 W-2 forms..

**SPIRITWOOD MANOR
AND HIDDEN VILLAGE
ARE TEMPORARILY
CLOSED UNTIL FALL
2012 FOR REMODELING.
YOUTH ARE BEING
SERVED AT OTHER CLUB
SITES. CALL THE MAIN
CLUB AND ASK ABOUT
ALTERNATIVE OPTIONS.**



Winter and Spring SPORTS!

Basketball Skills and Drills

By EBI: Grades K - 5

The Boys & Girls Clubs of Bellevue have teamed up with the Eastside Basketball Institute to offer monthly basketball skill development sessions. The experienced EBI coaches can help you master the fundamentals or take your game to the next level. Class sizes will be limited to maintain a low student to coach ratio.

Each registration will cover an entire month of classes OR a minimum of 4 classes. Registration for each month will start on the 15th day of the prior month. You can re-register for as many months as you would like. You must have a current BGCB membership.

CHECK OUT OUR WEBSITE AT bgcbellevue.org FOR DATES AND TIMES.

Tae Kwon Do: Ages 5 & Up

Online registration available NOW!

Tae Kwon Do is a Korean art that emphasizes kicking techniques. It is also an Olympic sport that teaches people to develop the positive aspects of their own personality through respect, courage, self control, confidence and patience. It is a great workout that involves light contact sparring and self-defense. You must have a current BGCB membership.

BEGINNER: 6:00 - 6:50 PM

TUESDAYS & THURSDAYS, MAIN CLUB

Fee: \$65 a month or \$180 a quarter

INTERMEDIATE: 7:10 - 8:00 PM

TUESDAYS & THURSDAYS, MAIN CLUB

Fee: \$75 a month or \$210 a quarter

Co-Ed Spring Volleyball: Grades 4 - 9

Online registration begins at 9 AM, January 18

The Club is teaming up with the Mercer Island Boys & Girls Club for a spring recreational volleyball league. This league is offered for boys & girls of all skill levels and abilities. The season runs from mid-April through mid-June. There will be one practice per week and one game per week. Games will be played on Saturdays at the South Bellevue Community Center. Some games may also be held at the Mercer Island Boys & Girls Club. Grades 4/5 use a "Lite" official size ball and there will be NO playoffs for this league. The 6/7 leagues use an Official size ball, and the 8/9 leagues use an official size/weight ball. The 6/7 and 8/9 grade leagues will have playoffs at the end of the season. You must have a current BGCB membership.

Grades 4/5 league Fee: \$65 (scholarships available)

Grades 6/7 and 8/9 leagues Fee: \$75 (scholarships available)

Boys & Girls Spring Basketball: Grades 3 - 12

Registration will begin January 18 at 9 AM

Teams play one game per week with no practices. Season runs mid-April through mid-June.

Boys:

Grades 3 - 4: Tuesday, Main Club

Grades 5 - 6: Wednesday, Main Club or South Bellevue

Grades 7 - 8: Thursday, South Bellevue

Grades 9 - 12: Friday, South Bellevue

Girls:

Grades 3 - 4: Friday, Main Club

Grades 5 - 6: Monday, Main Club or So. Bellevue

Grades 7 - 8: Monday, Main Club or So. Bellevue

If you are interested in coaching a boys or girls basketball, baseball or soccer team, please click on the "Volunteer" section on new our website!

Judo

Monthly sign-ups for 2012 begin on the 15th of the prior month

Judo means "Gentle Way". Learn from Harold Yamada's 30-year tenure with the sport of Judo. Harold will teach students ages 5-17 how to efficiently use their balance, leverage and movement to perform Judo throws and other basic skills. Learn how Judo can be an art and a "way of life" in a fun, disciplined, and recreational format. Judo uniforms are required and can be purchased directly from the instructor. Harold Yamada, a 4th Degree Black Belt, says "I am glad to bring Judo back to the Boys & Girls Clubs of Bellevue where my family started the program nearly 50 years ago". Classes are all held at the Main Clubhouse.

Ages 5 - 17 Friday Evenings

Fee: \$60 Month 6 - 8 PM (scholarships available)

For questions, please contact Chris Burnside at the Bellevue Boys & Girls Clubs at cburnside@bgcbellevue.org or call Harold at 206-618-5790.

PLEASE GO TO BGCBELLEVUE.ORG TO FIND OUT MORE ABOUT CLUB PROGRAMS, OUR MISSION AND HOW TO SUPPORT OUR SCHOLARSHIP FUND

Winter and Spring SPORTS & more!

Spring Baseball

Online registration is available NOW!

Please Note: Spring baseball is designed for the experienced baseball player and offers a higher level of competition than typical baseball leagues. This league is not recommended for beginners. Paid and experienced umpires will be provided for all games. Players must have a current membership.

The divisions are as follows:

10 U: Ages 9 - 11 **Fee: \$150 (scholarships available)**

12 U: Ages 11 - 12 **Fee: \$175 (scholarships available)**

Season runs March through June. Practices are in the evenings during the week. Exact practice times will not be set until just prior to the start of the season. Games are in the evenings during the week and throughout the day on Saturdays. (There may be an occasional game on a Sunday). Coaches will contact their players with a practice and game schedule prior to the start of the season. Your league age is the age you are on 4/30/2012.

Please contact Chris Burnside with any questions at cburnside@bgcbellevue.org

Gymnastics

Sign-ups for each session begin on the 15th of the prior month

Tumbling, balance beam and more! Classes are tailored toward learning basic gymnastics skills such as tumbling, cartwheels, forward and backward rolls and hand stands. Learn gymnastics for the first time, or improve your skills. Sessions are monthly, January through May and participant must have a current Club membership.

Beginner: Ages 4 - 6 **At Main Clubhouse**
5:00 - 6:00 PM Friday **Fee: \$35/Mo. (scholarships available)**

Intermediate: Ages 7 - 10 **At Main Clubhouse**
6:00 - 7:00 PM Friday **Fee: \$35/Mo. (scholarships available)**

Chess Camps: Grades K - 6 at Main Clubhouse

Online registration is available NOW!

The chess camps consist of activities to help students become better at chess. You must have a current BGCB membership.

Mid-Winter Chess Camp: February 21 through 24
8:30 to 3:30 **Fee: \$135 for the week or \$40/day**

Spring Break Chess Camp: April 9 through 13
8:30 to 3:30 **Fee: \$155 for the week or \$40/day**

Co-Ed Golf: Ages 12 - 18

Registration begins 9 AM - Feb. 6

Spring golf is for boys and girls, ages 12 - 15. Participants will meet every Friday from May 4th - June 8th (6 weeks) from 3:45 - 5:45 at Crossroads Par 3 Golf Course. Golfers will learn proper swing fundamentals with irons and woods, as well as chipping and putting. Classes will include the driving range, practice games and course play. Limited to 12 golfers.

May 4th through June 8th **Fee: \$85 for the Six Weeks**



Spring Soccer

Registration begins 9 AM - Jan. 18

Our Spring Soccer program follows the standards of the Washington State Youth Soccer Association. Leagues for girls will be K/1, 2/3, 4/5, 6/7 and 8/9. Leagues for boys will be K/1, 2/3 and 4/5. Practices will begin the week of March 12th and games will begin the week of April 16th. The last game will be mid-June. All games are played at local schools and play fields. Game location information is subject to change. You must have current BGCB membership.

Girls Spring Soccer: Grades K - 9

Grade K - Wednesdays
Grade 1 - Wednesdays
Grades 2 - Mondays
Grade 3 - Mondays
Grades 4/5 Thursday
Grades 6/7 Wednesday
Grades 8/9 Tuesday

Boys Spring Soccer: Grades K - 5

Grades K/1 Tuesday
Grades 2/3 Tuesday
Grades 4/5 Tuesday

Fee: \$75 + \$10 Bellevue School District Field Charge

For the best marketing deal in town, sponsor a team for only \$200. Have 10 kids wearing your company name!

Great Futures Start HERE!



**BELLEVUE
BOYS & GIRLS CLUB**

209 100th Avenue NE
Bellevue, WA 98004
425-454-6162
bgcbellevue.org

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BELLEVUE, WA

THE CLUB Teen Programs!

A partnership with the City of Bellevue!

The Club Teen Center: Ages 13 - 19

Located next door to the Main Club on 100th Avenue and NE 4th in downtown Bellevue, this teen dedicated facility provides teens with a safe and positive place to be after school. Programs available include drop-in activities, sports, open gym, arts, movies, field trips and leadership Club such as Keystone and Torch Club. We also offer homework assistance in our technology center, with high-speed access to the internet. Drop-in and most other programs are free or offered at a very minimal cost.

New Teen Center To Open Early Spring!

Look for a date for the GRAND OPENING of our new Teen Center, located on Lake Hills Blvd. (the former Lake Hill Library). This 9,000 square ft. space will feature all of the usual teen programs and activities, PLUS a state of the art recording studio. Stay tuned!

Ground Zero Music

This program, one of the most popular at the Teen Center, offers all ages concerts on Friday and Saturday nights as well as specialized music programming throughout the week including guitar, bass and drum lessons, and Band Pool, designed to offer new bands a chance to play at Ground Zero. Come to our Music Advisory every Thursday at 5:00 or contact Nick Merz at nmerz@bgcbellevue.org to find out more. Some concerts charge a fee from \$5 - \$6 or ask for a canned food donation.

Teen Center Hours

Monday from 2:30 - 7 PM	Tuesdays from 2:30 - 7 PM
Wednesdays from 1 - 7 PM	Thursdays from 2:30 - 8 PM (Teen Feed)
Fridays from 2:30 - 7 PM*	Saturdays from 6 - 11 PM**

*From 7 PM - 11 PM on concert nights ** On concert nights

Visit www.bgcbellevue.org from home or work for easy on-line registration. Computers are also available to use at our Clubs for registration. Please call 425-454-6162 for more information.

**FRIDAY NIGHT
LATE NIGHT EVENTS**
South Bellevue Community Center
This is a cool place for teens, ages 13-18, to play basketball, watch movies, or hang out with friends. There is food, music and much, much more! Professional staff are always on hand during all of our late-night programs to keep it fun and safe. There is no cost to attend unless there is a concert where there might be a fee of \$5 - \$6 or a donation of canned food.

CLUB BUS FOR TEENS
Thanks to the generosity of Nintendo and Postal Express, we purchased a bus to shuttle teens from our Eastside Bellevue housing sites and Odle Middle School to the Teen program in downtown and at TXL. The Club bus runs several days a week at no cost to our members.

SAVE THE DATE!
Saturday, May 12, 2012

**46TH ANNUAL PARTY
AND BENEFIT AUCTION**
Bellevue Hilton
5:30 PM - Midnight

Gourmet dinner and dancing!
Contact mbrzusek@bgcbellevue.org
for more information.